

2024 24-6A Track and Field Varsity Competition

Monday April 1, 2024

Wednesday April 3, 2024

<p>10:00 AM Field Events 3 attempts + 3 for top 8 HJ/PV: regular competition</p> <p>10:30 AM 3200 meter run</p>	<p>4:30 PM Pick Up Final Packet Relay Declaration</p> <p>4:55 PM National Anthem</p>										
<p>First Session Field Events 10:00-12:00</p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">Discus</td><td>Varsity Boys</td></tr> <tr><td>Shot Put</td><td>Varsity Girls</td></tr> <tr><td>Pole Vault</td><td>Varsity Girls</td></tr> <tr><td>Triple Jump</td><td>Varsity Boys</td></tr> <tr><td>Long Jump</td><td>Varsity Girls</td></tr> </table>	Discus	Varsity Boys	Shot Put	Varsity Girls	Pole Vault	Varsity Girls	Triple Jump	Varsity Boys	Long Jump	Varsity Girls	<p>Running Events Finals (Timed Schedule)</p> <p>5:00 PM 4 x 100 m Relay</p> <p>5:10 800 meter run</p> <p>5:20 100 meter hurdle</p> <p>5:25 110 meter hurdle</p> <p>5:35 100 meter dash</p> <p>5:55 4 x 200 m Relay</p> <p>6:05 400 meter dash</p> <p>6:15 300 meter hurdles</p> <p>6:30 200 meter dash</p> <p>6:40 1600 meter run</p> <p>7:10 4 x 400 m Relay</p> <p>7:30 PM Team Awards Presentation</p>
Discus	Varsity Boys										
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<p>Second Session Field Events 12:00-2:00</p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">Discus</td><td>Varsity Girls</td></tr> <tr><td>Shot Put</td><td>Varsity Boys</td></tr> <tr><td>Pole Vault</td><td>Varsity Boys</td></tr> <tr><td>Triple Jump</td><td>Varsity Girls</td></tr> <tr><td>Long Jump</td><td>Varsity Boys</td></tr> </table>	Discus	Varsity Girls	Shot Put	Varsity Boys	Pole Vault	Varsity Boys	Triple Jump	Varsity Girls	Long Jump	Varsity Boys	
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<p>Third Session 1:30-2:30</p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">High Jump Pit 1</td><td>Varsity Girls</td></tr> <tr><td>High Jump Pit 2</td><td>Varsity Boys</td></tr> </table>	High Jump Pit 1	Varsity Girls	High Jump Pit 2	Varsity Boys							
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<p>Running Events Prelims 3:00 PM (Rolling Schedule)</p> <p>100 meter hurdles (33")</p> <p>110 meter hurdles (39")</p> <p>100 meter dash</p> <p>400 meter run</p> <p>300 meter hurdles (30") (36")</p> <p>200 meter run</p>											



